REDUCE your RISK of COVID-19 Second Perconnection of Covid-19 Perconnecti

UC Irvine

Do's:

- Wear a mask over nose and mouth and secure under chin
- Avoid touching eyes, mouth, nose with unwashed hands
- Thoroughly wash hands with soap and water frequently

- Maintain at least 6 ft. distance from other people
- Avoid crowds and poorly ventilated indoor areas
- Disinfect frequently touched surfaces (knobs, phones, tables, keys etc.)







MISTAKES

Don'ts:

- Leave your nose or mouth uncovered
- Reuse a mask if there are any tears or holes
- Wear or pull mask under chin to expose nose and/ or mouth

- Touch mask while it is being worn
- Share masks with others (family and friends)

Sources:
World Health
Organization
John Hopkins
Medicine