

**PEDIATRIC EXERCISE AND GENOMICS RESEARCH
CENTER UNDERGRADUATE OUTREACH TEAM**

VAPING VS. THE BRAIN

- **Our brains, particularly the prefrontal cortex, do not finish fully developing until the age of 25.**
- **Normal brain development is affected with the repeated use of e-cigarettes.**
- **Vapes have a long-lasting effect on cognitive function, risk of developing mood disorders, reduced impulse control, and deficits in attention.**
- **Adolescents who vape have a higher chance of brain development damage, as well as stroke, myocardial infarction, and heart disease.**

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