

Family Health Day Outcomes Report

January 20th, 2018

LEAD HOSTS: Shalimar Community Centers & Clinic in the Park • Connect • Screen • Educate

COMMUNITY PARTNERS: 15 organizations • 143 in-kind hours

IMPACT: 165 visitors • 1,909 discrete services • 12 services/visitor • 4,009 lbs of produce and drinks



VISITOR NEEDS SURVEY¹

Indicators	% of Respondents (N=34)
Average Income <\$24,600 ²	74%
Average Household Size	5
Education Level Below High School Diploma	57%
Adults Reporting Poor or Fair Health Status	17%
Connections	
CalFresh Referrals	22%
Dental Insurance	18%
Screenings	
Dental Exams	38%
Glucose Testing	24%
Vision Screenings	22%
Education	
Bicycle Helmet Education/ Fitting/Distribution	38%
Books for Kids	38%
Dental Education	33%
Nutrition Education	36%
Physical Activity	29%
Food Insecurity (Past 12 months)	22%
Visited a Food Pantry in the Last Month	24%

¹Data based on a convenience sample at Clinic.² Not adjusted for family size.

EXAMPLES OF COST SAVINGS:³

\$38/Booster Seat saves **\$2,700** in child safety costs

\$14/Bicycle Helmet saves **\$630** in child safety costs

\$65 in vision screening +/- glasses saves **\$162** in medical costs

An oral screening saves **\$447** over 5 years



\$132,300

IN CHILD SAFETY COSTS



\$36,540

IN CHILD SAFETY COSTS



\$13,410

OVER 5 YEARS



\$8,100

IN MEDICAL COSTS

TOTAL Savings For Select Services:

\$190,350

SAMPLE OF KEY SERVICES

Categories of Services	# of Services Provided
Child/Adolescent Safety	
Bicycle Helmet Education/Fitting/Distribution	58
Booster Seat Education/Fitting/Distribution	49
Connections/Referrals to Services	
Information on Medi-Cal, CalFresh, CalWorks	8
Referrals to Resources	4
Dental Services	
Dental Health Education/Resources	112
Dental Screenings for Children (may include fluoride)	30
Early Literacy	
Books for Kids	100
Literacy Tips	50
Emotional Health	
101 Ways to Praise Kids Materials	45
Mental Health Referrals	3
Stress Management Materials	60
Health Education & Prevention	
Anti-Bullying Materials	45
Breast and Cervical Cancer Awareness Educational Materials	171
Diabetes Prevention Materials	161
Hearing and Speech	
Hearing Screenings	40
Legal Information and Resources	
Health Care Access, Education, Immigration, Housing, Public Benefits and General Legal Assistance	230
Nutrition, Physical Activity and Food Needs	
Food Bank Information	10
Food Tips Materials	75
Fresh Produce (lbs)	(1,657)
Meet My Plate Materials	75
My Plate Placemats/Guides	54
Nutrition Education/Mini Consults	95
Vision Services	
Vision Screenings	50
Vision Referrals	13

³The cost savings is estimated using several different public health sources. References available upon request

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Clinic in the Park is sponsored by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under H17MC26778, Healthy Tomorrows Partnership for Children Program (\$235,640) with 87.5% of total budget funded with nongovernmental sources.



COLLABORATOR DATA

Collaborator	Types of Services	# of Services Provided
Be Aware Foundation	Breast Cancer Awareness Materials	171
	Breast Self-Examination Informational Materias	171
Clinic in the Park	Bike Helmet Education/Fitting/Distribution	58
	Booster Seat Education/Fitting/Distribution	9
	Jump Ropes for Physical Activity Station	40
Clinic in the Park with California Highway Patrol- San Diego	Booster Seat Education/Fitting/Distribution	40
Chat With A Nurse	Bananas	80
	Food Bank Information	10
	Food Tips Materials	75
	Meet My Plate Materials	75
	My Plate Placemats	54
	Nutrition Education/Mini Consults	95
	Incentive Items	55
Gavin Herbert Institute UC Irvine Eye Mobile for Children	Vision Referrals	13
	Vision Screenings	50
Healthy Smiles for Kids of Orange County	Dental Health Education/Resources	112
	Dental Screenings for Children (may include fluoride)	30
	Toothbrushes	50
Legal Aid Society of Orange County	Legal Education and Resources Including Materials on Health Care Access, Education, Immigration, Housing, Public Benefits and General Legal Assistance	230
Melinda Hoag Smith Center for Healthy Living	Diabetes Prevention Materials	161
	Incentive Items	644
Orange County Health Care Agency- Health Promotion Every Woman Counts	Breast and Cervical Cancer Awareness Educational Materials & Enrollment	23
Orange County Social Services Agency	Information on Medi-Cal, CalFresh, CalWorks,	8
	General Relief	
	Referrals	4
Pediatric Exercise and Genomics Research Center (PERC UC Irvine)	Nutrition Education	7
Providence Speech & Hearing	Hearing Screenings	40
Second Harvest Food Bank of Orange County	Fresh Produce (lbs)	(1,657)
	Water (lbs)	(2,351)
THINK Together	Books For Kids	100
	Literacy Tips	50
Well Program – Bright Futures 4 Kids, Child Abuse Prevention Council	101 Ways to Praise Kids Materials	45
	Anti-Bullying Materials	45
	Incentive Items	90
	Mental Health Referrals	3
	Stress Management Materials	60
Grand Total (Services and Incentive Items)		2,798⁴

⁴Grand Total does not include Second Harvest Food Bank Services.

*Collaborators not represented in table: Orange County Health Care Agency- Family Health | Immunizations

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