



COVID-19 Supportive Resources

Medical Services

Central City Community Health Center Mobile Clinic- Central City Community Health Center Mobile Clinic is still providing Services @ Pyles Elementary and Salk Elementary. For Appointments please call 714-520-0855

Share Our Selves (SOS) providing safety net services, medical care and dental care. Please contact us to make/reschedule appointments or if you have any questions at all : 949-270-2100. We are here to serve the community throughout this critical time and remain dedicated to our mission to providing care and assistance to all those in need.

CalOptima-CalOptima Customer Service remains ready to respond to member needs. Members can call Customer Service from the safety of their home, 24 hours a day, 7 days a week. We have staff who speak their language.

- Medi-Cal toll-free: **1-888-587-8088**
- OneCare Connect toll-free: **1-855-705-8823**
- OneCare toll-free: **1-877-412-2734**
- TTY users can call toll-free at **1-800-735-2929**.
- PACE at **1-714-468-1100** or toll-free at **1-855-785-2584**
- PACE TTY users can call toll-free at **1-714-468-1063**.

For CalOptima specific updates on COVID-19, please visit our home page at www.caloptima.org.

CHOC- speak to a nurse at 1-844-GET-CHOC

Social Services

County of Orange Social Services Agency (SSA)-The County of Orange Social Services Agency (SSA) announced that it will expand its online application services and call center hours to meet the needs of the community affected by the State's Stay at Home order.

Effective immediately, SSA's Service Center has extended its hours of operation to:

- Weekdays (Monday - Friday) from 6:30 a.m. to 8 p.m.
- Saturdays from 7 a.m. to 4:30 p.m.

Call Center operators will be available to take calls at (800) 281-9799. Individuals wishing to apply for General Relief benefits now have another option to enroll online through <http://www.mybenefitscalwin.org>. They may also continue to apply or check on existing case information by calling Agency's Service Center at (800) 281-9799 or by faxing an application to (714) 825-3155.

Please encourage *all* of your clients/families/customers to apply for any needed benefits (CalFresh/Medi-Cal/General Relief/CalWORKs), electronically/telephonically.

Additional information on SSA programs, please visit: <http://ssa.ocgov.com>
To stay up to date with information concerning the COVID-19 situation in Orange County, please visit: <https://covid19info.ocgov.com/>

Health, Mental Health and Wellness

Poppy Life Care-Poppy Life Care is developing virtual programs and content related to:

- Meditation 101 video series
- Nutritional program w/ meal plans
- Virtual Yoga
- And more!

Some have been released others we will be releasing in the next week or so and hope to have some live webinars soon! We are also adding content and videos to our website and via newsletter, from partners such as PureGame and IEPCA that are great resource for “kids at home” activities too. <https://www.poppylifecare.org>
Can contact Erica at erica@poppylifecare.org <mailto:erica@poppylifecare.org>

First 5 Orange County is sharing new resources on access to technology and internet, childcare option, and tips for helping children understand the pandemic. Our list of resources for families with young children is updated frequently, with new links posted on our website. <http://occhildrenandfamilies.com/>

First 5 Orange County- [Health and Mental Health Resources for Families with Young Children](#)

First 5 OC- [Coronavirus & Caring for Your Baby](#)

[HealthyChildren.org](https://www.healthychildren.org/)-information about the virus, distance learning, and more

Orange County Parent Wellness Program- talk for free to a caring expert at 714-480-5160

Child Trends- resources for supporting your child’s emotional well-being

Girls Inc. of Orange County is offering girls engaging distance learning opportunities via YouTube. We are providing digital content in the areas of S.T.E.M., Early Literacy, and our Girls Inc. Identity programs such as Mind + Body, Economic Literacy, etc. Our YouTube Videos can be found by clicking [here](#).
(<https://www.youtube.com/channel/UCNodW4yZllar7dNtJtZyBCQ/featured>)

Resources on Mental Health during emergencies from World Health Organization in Spanish- <https://www.who.int/es/news-room/fact-sheets/detail/mental-health-in-emergencies>

Domestic Violence- hotlines for four local agencies

- **Human Options** 877-854-3594
- **Laura’s House** 866-498-1511
- **WTLC** 877-531-5522

- **Interval House** 714-891-8121

Safety Net Services

School Meals-grab and go school meals open to all children 18 and under, no paperwork or signups necessary

Diapers-here is a list of sites that distribute diapers

Safety, food, housing- if you need help right away with safety, food, housing, or something else, call 2-1-1 or go to **211oc.org**

American Academy of Pediatrics (AAP) OC Chapter-No Child Hungry Program- Our goal is to identify food insecurity, poverty, and health issues experienced by our OC families, and to assist these families in getting the support and services they need.

Website:

<https://www.aap-oc.org/initiatives/no-child-hungry/>

Instructions:

1. Using a mobile device, text "FOOD4U" for English or "COMIDA" for Spanish to (833) 300-4888
2. You will receive a welcome message which will connect you to the Waste Not OC or Second Harvest Food Bank interactive food maps
 - a. Call or text: (855) 233-3362
 - b. Or go online to the Waste Not OC-[Find a Pantry Near Me](#) or Second Harvest Food Bank-[Food Assistance Helpline](#)
 - i. Enter a Zip Code to find free food near you

Contact: Email: info@aap-oc.org

Information from our local food banks-

<http://www.ocgov.com/about/emergency/assistance/food>

WIC-Eligible Orange County WIC Participants continue to receive their benefits as WIC has been identified as an essential service. The four OC WIC agencies are currently calling/texting all their participants and offering to load WIC benefits remotely to their WIC CARD, thus eliminating the need to physically be present at the clinic sites. This strategy allows families to continue to receive WIC benefits, even more critical due to the impact of COVID-19. Most of the clinic sites are not open to the public at this time. This is so we can focus on reaching the participants at home to load their benefits and minimize their exposure in the public.

We also recognize that family incomes may be impacted; thus, possibly making families eligible for WIC.

Please do the following to help put food on the table for our vulnerable families:

- Advise your WIC participants that WIC IS NOT CLOSED for business while families are not being seen at the WIC site. WIC staff are feverishly contacting all their participants so that services can be provided over the phone. WIC clients can also call their local agency where they routinely pick up their benefits. Partners and clients can refer to the WIC Mobile Website at <https://m.wic.ca.gov/> for more information.

- For those not on WIC but newly eligible due to job loss or hours cut, please refer them to WIC. We are able to enroll eligible participants over the phone at this time. Please [click here](#) for income guidelines or how to apply for WIC

Childcare

Boys and Girls Clubs of Central Orange Coast-providing emergency childcare programs to serve children ages 5 – 12 years whose parents are critical sector personnel such as healthcare workers and first responders.

YMCA-childcare for all first responders, police, firefighters, military personnel, nurses, people that care for the sick, those that cannot work remotely, those that cannot bring their children to work, and those without childcare options.

Early Childhood OC- searchable database of currently open childcare centers and family childcare homes

Childcare Law Center- Q&A about the impact of coronavirus on childcare in California

Children's Home Society: this is a resource and referral network providing parents with information about childcare options, and gives referrals to licensed childcare programs in Orange County

If you are a childcare provider and need supplies to stay open for essential workers, email Anila Neumeister at anilaneu@cox.net. She is gathering information about needs and resources.

Child Development and Literacy

American Academy of Pediatrics (AAP)OC Chapter-Reach Out and Read Program-Reach Out and Read® is a national program which prepares America's youngest children to succeed in school by partnering with doctors to prescribe books and encouraging families to read together.

Website: Visit website for free online resources for Parents to support thier child's literacy development: <https://www.aap-oc.org/initiatives/reach-out-and-read/>

Contact: Email: info@aap-oc.org

Legal Assistance

UCI Law Students Take on New Pro Bono Projects in Wake of COVID-19-While much of that work was previously done at on-site legal clinics and in-office volunteering with legal services organizations, students have now shifted gears and are increasing their efforts to help those in need by adding [remote pro bono activities](#), in light of the Coronavirus outbreak and California's mandated physical distancing orders.

Technology

California Lifeline Program: free wireless service for qualifying low-income households

Charter Communications: free access to Spectrum Broadband and Wi-Fi for 60 days for new K-12 and college student households and Wi-Fi hotspots

Everyoneon: low-cost internet and computers

Additional Resources and Statistics

American Academy of Pediatrics-OC Chapter-Practical guidelines & key local resources in Orange County on COVID-19:

<https://www.aap-oc.org/covid-19-resources/>

What to do with your pets during COVID 19- <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/animals.html>

Additional resources from the Department of Homeland Security:

<https://www.ready.gov/pandemic>

UC Health COVID-19- <http://www.ucihealth.org/covid-19>

OC Health Care Agency COVID-19 Resources and Updates-

<https://occovid19.ochealthinfo.com/>

California Department of Public Health-

<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx>

The Center for Disease Control and Prevention-

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

World Health Organization- https://www.who.int/health-topics/coronavirus#tab=tab_1

Article on- [Equitable Access To Health Information For Non-English Speakers Amidst The Novel Coronavirus Pandemic](#)

Link for potential funding for nonprofits-

<https://charitableventuresoc.org/resiliencefund/>