



A fiscally sponsored project

Family Health Expo Outcomes Report

June 8, 2019

Boys and Girls Club of Santa Ana, Santa Ana, CA

LEAD HOSTS: Boys and Girls Club of Santa Ana & Clinic in the Park • Connect • Screen • Educate
COMMUNITY PARTNERS: 22 organizations • 329 in-kind hours
IMPACT: 398 visitors • 7,858 discrete services • 20 services/visitor • 5,902 lbs of food

| VISITOR NEEDS SURVEY ¹ | |
|------------------------------------------------|----------------------------|
| Indicators | % of Respondents (N=51) |
| Average Income <\$24,600 ² | 59% |
| Average Household Size | 5 |
| Education Level Below High School Diploma | 73% |
| Adults Reporting Poor or Fair Health Status | 39% |
| Connections | |
| CalFresh | 31% |
| Food Pantry | 49% |
| Dental Insurance | 49% |
| Health Insurance | 43% |
| Screenings | |
| Cholesterol Screening | 51% |
| Dental Exams | 59% |
| Glucose Screening | 43% |
| Vision Screenings | 39% |
| Education | |
| Bicycle Helmet Education/ Fitting/Distribution | 53% |
| Free Books and Reading Tips for Parents | 51% |
| Nutrition Education | 49% |
| Oral Health (Dental) | 39% |
| Food Insecurity (Past 12 months) | 63% |
| Visited a Food Pantry in the Last Month | 77% |

¹ Data based on a convenience sample at the Boys & Girls Club on April 4/13/2019.² Not adjusted for family size.

| KEY SERVICES | |
|---------------------------------------------|------------------------|
| Categories of Services | # of Services Provided |
| Child/Adolescent Safety | |
| Bicycle Helmet Education | 100 |
| Bicycle Fitting and Distribution | 44 |
| Booster Seat Education | 80 |
| Booster Seat Demonstration and Distribution | 50 |
| Safe Sleep/SIDS Education | 184 |
| Infant Onesies | 21 |
| Dental Services | |
| Dental Screenings | 16 |
| Toothbrushes | 16 |
| Early Literacy | |
| Books for Children | 698 |
| Reach Out and Read Materials | 280 |
| Nutrition | |
| No Child Hungry | 362 |
| Nutrition Education/Brighter Futures | 182 |
| Recipe Books | 107 |
| Tips for Picky Eaters Educational Material | 107 |
| Re-think Your Drink Educational Material | 182 |
| Prevention | |
| Breast Cancer self-Exam Postcards | 107 |
| No Phone Zone Educational Materials | 162 |
| Iron for strong Blood Educational Materials | 107 |
| Blood Pressure Assessment | 167 |
| Vision Services | |
| Vision Screenings | 130 |

SAMPLE OF COST SAVINGS:³

\$65 in vision screening +/- glasses saves \$162 in costs
An oral/dental screening saves \$447 over 5 years
\$38/Booster Seat saves \$2,700 in child safety costs
\$14/Bicycle Helmet saves \$630 in child safety costs



\$27,720
IN CHILD SAFETY



\$135,000
IN CHILD SAFETY



\$7,152
OVER 5 YEARS



\$6,660
IN MEDICAL COSTS

TOTAL Preventive Cost Savings (Sample):
\$176,532

³The cost savings is estimated using several different public health sources. References available upon request



COLLABORATOR DATA

| Collaborator | Types of Services | # of Services Provided |
|-----------------------------------------------------------------|----------------------------------------------------------------|------------------------|
| 2-1-1 Orange County | 2-1-1 Informational Materials | 161 |
| | 2-1-1 Ride Transportation Information | 161 |
| | Cal Fresh Informational Materials | 161 |
| | Cookbooks (Champions for Change) | 15 |
| | Incentive Items | 8 |
| America on Track | Books for Children | 65 |
| | Educational Support | 182 |
| | Incentive Items | 70 |
| | Nutrition Education/Brighter Futures | 182 |
| | One-to-One Mentoring | 182 |
| Re-Think Your Drink Educational Materials | 182 | |
| American Academy of Pediatrics - Orange County | Books for Children | 250 |
| | Incentive Items | 80 |
| | No Child Hungry Cards: Need Food Screen/Referral | 135 |
| | No Child Hungry: Need Food Informational Materials | 227 |
| | Reach out and Read Materials | 280 |
| Reach out and Read Program Information | 220 | |
| Be Aware Foundation | Breast Cancer Self-Exam Postcards | 107 |
| | Incentive Items | 255 |
| | No Phone Zone Educational Materials | 162 |
| | Signs of a Problem Informational Materials | 64 |
| Boys and Girls Club of Santa Ana | Services and Resources Informational Materials | 102 |
| California State University, Fullerton School of Nursing | My Plate Nutrition Educational Materials | 167 |
| | My Plate Placemats | 167 |
| | Nutrition Education, Blood Pressure Assessment, BMI Assessment | 167 |
| | | |
| CalOptima | Hand Sanitizer | 250 |
| | Incentive Items | 448 |
| Center for Autism - University of California, Irvine | Band Aid Holder and Band Aids | 100 |
| | Incentive Items | 160 |
| | Informational Materials for Summer Classes | 180 |
| Central City Community Health Center | Glucose and Anemia Screening | 69 |
| | Incentive Items | 69 |
| | Low Cost Services at Mobile Clinics Information | 69 |
| Child Abuse Prevention Center - School Readiness Program | 10 Tips for Positive Parenting | 100 |
| | 101 Ways to Praise Educational Materials | 100 |
| | Incentive Items | 197 |
| | Program Informational Materials | 100 |
| Children's Bureau | Incentive Items | 90 |
| | Informational Materials | 150 |
| Clinic in the Park | Bicycle Helmet Education | 100 |
| | Bicycle Helmet Fitting and Distribution | 44 |
| | Books for Children | 83 |
| | Booster Education | 80 |
| | Booster Seat Demonstration and Distribution | 50 |
| | Incentive Items | 98 |
| Families Together | Blood Pressure Checks | 135 |



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|------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-------------------------|
| | Families Together Informational Materials | 141 |
| | Incentive Items | 141 |
| | Vision Screenings | 130 |
| Healthy Smiles for Kids of Orange County | Dental Screenings | 16 |
| | Low Cost Dental Clinics for Children and Adults | 54 |
| | Toothbrushes | 16 |
| Orange County Communities Organized for Responsible Development | Free Citizenship Preparation, Classes, Educational Materials and Legal Resources Informational Materials | 168 |
| | Informational Materials | 150 |
| PHFE-W.I.C. Program | Eat Your Veggies Educational Materials | 107 |
| | Fruits and Bananas (People Distributed to) | 107 |
| | Incentive Items | 107 |
| | Iron for Strong Blood Educational Materials | 107 |
| | Nutrition Education and Free Fruit Distribution | 107 |
| | Recipe Books | 107 |
| | Tips for Picky Eaters Educational Materials | 107 |
| Regional Center of Orange County | Incentive Items | 131 |
| | Information and Answered Autism Spectrum Questions | 131 |
| Second Harvest Food Bank | Food Distribution | (5209) |
| THINK Together | Books for Children | 300 |
| | Early Literacy Informational Materials | 175 |
| University of California, Irvine School of Nursing | Onesies for infants with message "This Side Up" | 21 |
| | Safe Sleep/SIDS Education | 184 |
| Grand Total (Services and Incentive Items) | | 9279⁴ |

*Collaborators not included due to missing service data: Social Services Agency, Community Legal Aid

⁴Food in Pounds distributed by Second Harvest Food Bank is not included in Grand Total.