



A fiscally sponsored project

Family Health Day Expo Outcomes Report February 02, 2019 At Lincoln (Abraham) Elementary School, Anaheim, CA

LEAD HOSTS: Higher Ground Youth & Family Services & Clinic in the Park • Connect • Screen • Educate
COMMUNITY PARTNERS: 24 organizations • 1,032 in-kind hours
IMPACT: 254 visitors • 3,999 discrete services • 16 services/visitor • 2,825 lbs of food

VISITOR NEEDS SURVEY ¹	
Indicators	% of Respondents (N=64)
Average Income <\$24,600 ²	53%
Average Household Size	5
Education Level Below High School Diploma	44%
Adults Reporting Poor or Fair Health Status	33%
Connections	
Food Pantry	28%
Dental Insurance	25%
Health Insurance	25%
Screenings	
Cholesterol Screening	27%
Dental Exams	34%
Glucose Screening	27%
Vision Screenings	39%
Education	
Bicycle Helmet Education/ Fitting/Distribution	38%
Booster Seat Education/Fitting/Distribution	33%
Free Books and Reading Tips for Parents	41%
Nutrition Education	30%
Oral Health	30%
Food Insecurity (Past 12 months)	35%
Visited a Food Pantry in the Last Month	38%

¹ Data based on a convenience sample at Clinic.² Not adjusted for family size.

SAMPLE OF COST SAVINGS:³

\$65 in vision screening +/- glasses saves **\$162** in costs
An oral/dental screening saves **\$447** over 5 years
\$38/Booster Seat saves **\$2,700** in child safety costs
\$14/Bicycle Helmet saves **\$630** in child safety costs



\$38,430
IN CHILD SAFETY



\$170,100
IN CHILD SAFETY



\$9,387
OVER 5 YEARS



\$8,910
IN MEDICAL COSTS

TOTAL Preventive Cost Savings (Sample):
\$226,827

³The cost savings is estimated using several different public health sources. References available upon request

KEY SERVICES	
Categories of Services	# of Services Provided
Child/Adolescent Safety	
Bicycle Helmet Education and Bicycle Helmet Fitting and Distribution	61
Booster Seat Education and Booster Seat Demonstration and Distribution	63
Safe Sleep Educational Interactive Activity	100
Connections/Resources	
Community Dental Clinics for Adults Information	26
Employment Opportunities Discussions	30
Information on CalFresh and Veterans Resources	94
Low Cost/Sliding Dental Providers for Children List	13
Need Food? Cards – Food Resources Informational Materials	116
Medicare Information	50
Dental Services	
Dental Screenings	21
Early Literacy	
Books for Kids	237
Early Literacy Improvement Education	254
Medical Services	
Glucose and Iron Check Ups	32
Medication Checks	50
Nutrition	
Sugar Loaded Beverages and the Impact on Your Health Educational Materials	58
Prevention	
Breast Cancer Educational Materials	147
Diabetes Prevention Materials	50
Healthy Living Educational Materials	140
Vision Services	
Vision Screenings	55



COLLABORATOR DATA

Collaborator	Types of Services	# of Services Provided
2-1-1 Orange County	Incentive Items	98
	Information on CalFresh and Veterans Resources	94
	Orange County 2-1-1 Informational Cards and Flyers	92
Alzheimer's Orange County	All About Alzheimer's Educational Materials	37
	Compassionate Communication Educational Materials	37
	Incentive Items	37
American Academy of Pediatrics – Orange County	Incentive Items	125
	Need Food? Cards – Food Resources Informational Materials	116
	Reach Out and Read Materials	28
Anaheim YMCA	Anaheim Achieves After School Program	15
	Informational Materials	
	Child Care/Sports/After School Education	80
	Connections Educational Materials	60
	Do More, Do More Educational Materials	15
	Employment Opportunities Discussions	30
	Healthy Living Educational Materials	140
	Incentive Items	275
	Make an Impact! Volunteer Informational Materials	10
Working Today for a Better Tomorrow Educational Materials	10	
Be Aware Foundation	Breast Cancer Educational Pamphlets	147
	Incentive Items	150
Central City Community Health Center	Glucose and Iron Check Ups	32
	Incentive Items	32
Chat with a Nurse	Bedtime Routine Informational Materials	85
	Jump Ropes	50
	Safe Sleep Interactive Activity	100
	Sleep Hygiene Educational Materials	85
	Timeline for Recommended Sleep Informational Materials	85
CHIOC	Hand Sanitizers, Toothbrushes, Bandages	105
Clinic in the Park	Bicycle Helmet Education/Fitting/Distribution	61
	Bicycle Helmet Educational Materials	150
	Booster Seat Demonstration and Distribution	63
	Seat Educational Materials	150
Council on Aging - HICAP	Medicare Information	50
Drowning Prevention Foundation	Pool Safety/Drowning Prevention Educational Materials	35
	Water Safety DVDs	60
	Water Watcher Tags	60
ETR Army from University of California, Irvine	Arts and Crafts for Children	42
Families Together	Classes (Yoga, Karate, Nutrition, Fitness) Informational Materials	122
	Vision Screenings	55



Healthy Smiles for Kids of Orange County	Community Dental Clinics for Adults Information	26
	Dental Screenings	21
	Guide for First Mothers Educational Sheet	1
	Low Cost/ Sliding Dental Providers for Children List	13
	Toothbrushes for Adults	30
	Toothbrushes for Children	19
Higher Ground Youth & Family Services	Heaters	100
	Pillows/Blankets	200
	Toothbrushes and Toothpastes	80
	Vanity Kits	75
	Eggs	(225)
Marshall B. Ketchum University	Diabetes Prevention Materials	50
	Medication Checks	50
Orange County Food Bank	Food Distribution	(2,600)
Orange County Health Care Agency Family Health - Immunization	HPV Vaccine Educational Materials	62
	Hygiene Educational Materials	62
	Vaccine Clinic Informational Materials	62
	Vaccine Educational Materials	62
Pediatric Exercise and Genomic Research Center (PERC UC Irvine)	"Rethink Your Drink" Educational Chat	116
	Incentive Items	58
	Sugar Loaded Beverages and the Impact on Your Health Educational Materials	58
THINK Together	Books for Kids	237
	Early Literacy Improvement Education	254
University of California, Irvine/CHOC Pediatric Residents – POP!	Community Resources	20
	Incentive Items	60
	Play Dough Activities (flour, salt, zip lock bags, food coloring)	30
	Power of Positivity Station	80
Grand Total (Services and Incentive Items)		4,884⁴

*Collaborators not included due to missing service data: Kid Healthy, Orange County Social Service Agency, and River Church

⁴Food in Pounds distributed by Higher Ground and Orange County Food Bank is not included in Grand Total.