



# Family Health Day Outcomes Report

## October 20, 2018

**LEAD HOSTS:** CSUF Center for Healthy Neighborhoods & Clinic in the Park • Connect • Screen • Educate

**COMMUNITY PARTNERS:** 26 organizations • 578 in-kind hours

**IMPACT:** 203 visitors • 5,841 discrete services • 29 services/visitor • 2,900 lbs of produce

VISITOR NEEDS SURVEY <sup>1</sup>	
Indicators	% of Respondents (N=38)
Average Income <\$24,600 <sup>2</sup>	58%
Average Household Size	4
Education Level Below High School Diploma	60%
Adults Reporting Poor or Fair Health Status	35%
<b>Connections</b>	
CalFresh	14%
Food Pantry	16%
Health Insurance	18%
Dental Insurance	21%
<b>Screenings</b>	
Dental Exams	54%
Vision Screenings	54%
Glucose Screening	32%
Cholesterol Screenings	32%
<b>Education</b>	
Bicycle Helmet Education/Fitting/Distribution	16%
Booster Seat Including Education/Distribution	14%
Books for Kids	21%
Nutrition Education	25%
Oral Health Education	53%
<b>Food Insecurity (Past 12 months)</b>	21%
<b>Visited a Food Pantry in the Last Month</b>	25%

<sup>1</sup> Data based on a convenience sample at Clinic.<sup>2</sup> Not adjusted for family size.

KEY SERVICES	
Categories of Services	# of Services Provided
<b>Child/Adolescent Safety</b>	
Bicycle Helmet Education/Fitting/Distribution	70
Booster Seat Education/Fitting/Distribution	49
Period of PURPLE Crying Education	130
<b>Connections/Referrals to Services</b>	
No Child Hungry: Need Food Screen/Referral Center Resources	148
<b>Legal Information/Resources</b>	
Legal, Health SSI, Tax, DACA Information	152
<b>Dental Services</b>	
Oral Screenings	10
Dental Cleaning	13
<b>Early Literacy</b>	
Books for Kids	170
Literacy Information	170
<b>Medical Services</b>	
Blood Pressure Checks	20
Blood Glucose	72
Mammograms	30
STD Prevention Brochures	98
<b>Prevention</b>	
Breast Cancer Education	203
Domestic Abuse Resources	92
Self-Exam-No Phone Zone Education	200
<b>Nutrition</b>	
Food Distribution (Bags with 20lbs/bag)	145
Nutrition Education	123
Nutrition Services	139
<b>Vision Services</b>	
Distance and Near Vision Screening	75

### EXAMPLES OF COST SAVINGS:<sup>3</sup>

**\$65 in vision screening +/- glasses** saves **\$162** in costs

**An oral screening** saves **\$447** over 5 years

**\$38/Booster Seat** saves **\$2,700** in child safety costs

**\$14/Bicycle Helmet** saves **\$630** in child safety costs



**\$44,100**

IN CHILD SAFETY COSTS

**\$132,300**

IN CHILD SAFETY COSTS

**\$4,470**

OVER 5 YEARS

**\$12,150**

IN MEDICAL COSTS

**TOTAL Savings For Select Services:**  
**\$193,020**

<sup>3</sup>The cost savings is estimated using several different public health sources. References available upon request

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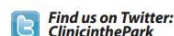
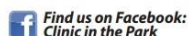
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## COLLABORATOR DATA

Collaborator	Types of Services	# of Services Provided
<b>American Academy of Pediatrics - Orange County</b>	No Child Hungry: Need Food Screen/Referral	82
<b>Be Aware Foundation</b>	Breast Cancer Education	203
	Pens	100
	Self-Exam - No Phone Zone	200
	Water Bottles	100
	Wristbands	200
<b>Chat with A Doctor (Power of Positivity! -POP!)</b>	Power of Positivity! - POP!	84
	Toys and Stickers	84
<b>Chat with A Nurse</b>	4 Bs of Bedtime	80
	Educational Handouts	80
	Halloween Pencils	50
	Sleep Hygiene	80
<b>Child Abuse Prevention Center - School Readiness Program</b>	Hand Sanitizers	96
	Highlighters	96
	Pens	96
	Stress Balls	96
<b>Clinic in the Park</b>	Bike Safety Tips	70
	Booster Seat Education/Fitting/Distribution	49
	Halloween Safe Driving	70
	Helmet Education/Fitting/Distributions	70
<b>Community Action Partnership of Orange County/ St. Jude Medical Center</b>	MyPlate Leaflets	139
	Nutrition Services	139
<b>Council on Aging</b>	Council on Aging Answers Guide	15
	Fraud Booklets	10
	Program Flyers	100
<b>CSUF Center for Healthy Neighborhoods "Arts for Kids Program"</b>	Arts & Crafts	76
<b>CSUF Center for Healthy Neighborhoods - Community Building Initiative</b>	Application for Appointment Help	116
	Candy	116
	CBI 1-on-1 Appointment	11
	Flyer (Community Forum)	21
	Forum Invitation	116
<b>CSUF Center for Healthy Neighborhoods Residents</b>	Center Resources	148
	Flyers of all Programs	148
<b>CSUF Eta Sigma Gamma</b>	BMI	123
	Healthy Helping MyPlate Game	123
	Nutrition Education	123

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<b>Drowning Prevention Foundation</b>	Beach Balls	30
	Pool Safety Brochures	50
	Pool Safety DVDS	50
	Pool Safety Temporary Tattoos	50
	Pool Safety Water Watcher Tags	50
<b>Families Together</b>	Dental Cleanings	13
	Dental Clinic Brochures	50
<b>Healthy Smiles for Kids of Orange County</b>	Community Dental Clinics for Adults Information	54
	Dental Offices for Children Information	31
	Dental Screenings	10
	Toothbrushes	10
<b>Legal Aid Society of Orange County</b>	Fidget Spinners	50
	Legal Aid Pens	50
	Legal, Health SSI, Tax, DACA Information	152
<b>Marshall B. Ketchum University - College of Pharmacy</b>	"Brown Bag" Medication Check Medication Counseling	30
<b>Marshall B. Ketchum University - PA Studies</b>	Blood Glucose	72
	Blood Pressures	72
	Free Clinics Information	72
<b>Marshall B. Ketchum University Lions</b>	Distance & Near Vision Screening	75
<b>OC United</b>	Domestic Abuse Resources	92
<b>Second Harvest Food Bank of Orange County</b>	Food Distribution (20 lbs./bag)	145
<b>THINK Together</b>	Books	170
	THINK Together Program Information	170
	Tips on How to Read to the Children	170
<b>UCI Nursing</b>	Onesies	6
	Period of PURPLE Crying Education	130
	Period of PURPLE Crying DVDs	16
	Safe Sleep Education	130
<b>YWCA - Mammography</b>	Free Mammograms	30
	Symptoms & Self-Exams and Future Mobile Clinic	85
	Handouts	
<b>Grand Total</b>		<b>5841</b>

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