



# Family Health Day Outcomes Report

## June 23, 2018

**LEAD HOSTS:** CSUF Center for Healthy Neighborhoods & Clinic in the Park • Connect • Screen • Educate  
**COMMUNITY PARTNERS:** 15 organizations • 181 in-kind hours  
**IMPACT:** 253 visitors • 1,820 discrete services • 6 services/visitor

VISITOR NEEDS SURVEY <sup>1</sup>	
Indicators	% of Respondents (N=50)
Average Income <\$24,600 <sup>2</sup>	72%
Average Household Size	4
Education Level Below High School Diploma	44%
Adults Reporting Poor or Fair Health Status	16%
<b>Connections</b>	
CalFresh	46%
Dental Insurance	38%
Food Pantry	40%
Health Insurance	46%
<b>Screenings</b>	
Cholesterol Screening	34%
Dental Exams	46%
Glucose Screening	34%
Vision Screenings	46%
<b>Education</b>	
Bicycle Helmet Education/ Fitting/Distribution	56%
Booster Seat Education/Fitting/Distribution	42%
Books for Kids	48%
Oral Health	50%
Nutrition Education	44%
Physical Activity	48%
Food Insecurity (Past 12 months)	46%
Visited a Food Pantry in the Last Month	30%

<sup>1</sup> Data based on a convenience sample at Clinic. <sup>2</sup> Not adjusted for family size.

KEY SERVICES	
Categories of Services	# of Services Provided
<b>Child/Adolescent Safety</b>	
Bicycle Helmet Education/Fitting/Distribution	39
Booster Seat Education/Fitting/Distribution	53
Safe Sleep Education Materials	110
<b>Connections/Referrals to Services</b>	
CalFresh Applications	46
Developmental Flyers/Screening Schedule	86
Food Pantry Information	46
Legal Education and Resources	17
<b>Dental Services</b>	
Oral Dental Screenings	30
<b>Medical Services</b>	
Body Mass Index/Glucose Testing	86
<b>Nutrition &amp; Food</b>	
Dietary Sources of Iron	60
Rethink Your Drink Recipes	66
Soda-Free Summer	45
Fresh Produce	253
<b>Vision Services</b>	
Glasses	1
Vision Screenings	15

### EXAMPLES OF COST SAVINGS:<sup>3</sup>

- \$65 in vision screening +/- glasses saves \$162 in costs
- An oral screening saves \$447 over 5 years
- \$38/Booster Seat saves \$2,700 in child safety costs
- \$14/Bicycle Helmet saves \$630 in child safety costs



**\$24,570**

IN CHILD SAFETY COSTS



**\$143,100**

IN CHILD SAFETY COSTS



**\$13,410**

OVER 5 YEARS



**\$2,430**

IN MEDICAL COSTS

**TOTAL Savings For Select Services:**  
**\$ 183,510**

<sup>3</sup> The cost savings is estimated using several different public health sources. References available upon request

(949) 385-3067 [www.Clinicinthepark.org](http://www.Clinicinthepark.org)





## COLLABORATOR DATA

Collaborator	Types of Services	# of Services Provided
<b>Chat with a Doctor (Power of Positivity! – POP!)</b>	Coloring Books and Jump Ropes	12
	Community Resources and Coping Stress Resources	15
	Emotional Health Activities with Kids	30
<b>Chat with a Nurse</b>	Immunization Information	30
	Vaccine Education	50
<b>Clinic in the Park</b>	Bicycle Helmet Education/Fitting/Distribution	39
	Body Mass Index/Glucose Testing	86
	Booster Seat Education	7
	Booster Seat Fitting/Distribution	46
<b>Community Action Partnership of Orange County</b>	Beverages: Make Every Sip Count Resources	45
	Health Education	45
	Healthy Role Model	45
	Soda-Free Summer	45
<b>Drowning Prevention Foundation</b>	DVDs	3
	Pool Fencing Education	10
	Swimming Education	11
	Water Watcher Tags	7
<b>Family Support Network</b>	Developmental Flyers	43
	Developmental Screening Schedule	43
	Informational Resources	43
<b>Healthy Smiles for Kids of Orange County</b>	List of Dental Clinics for Adults and Children	60
	Toothbrushes	40
	Oral Dental Screenings	30
<b>Legal Aid Society of Orange County</b>	Legal Education and Resources including materials on Health Care, Education, Immigration, Housing, Public Benefits and General Legal Assistance	17
<b>Orange County Health Care Agency   Family Health – Immunization</b>	Immunization Education	52
<b>Orange County Social Services Agency</b>	CalWORKs	2
	General Relief	1
	Social Services Resources	33
<b>PERC (Pediatric Exercise and Genomics Research Center @ UCI)</b>	Rethink Your Drink Recipes	66
<b>Public Health Foundation Enterprise – W.I.C. Program</b>	Eat Your Veggies Resources	60
	Eligibility Assessment	60
	Dietary Sources of Iron	60
	Nutrition Education	60
	Tips for Picky Eaters Resources	60
<b>Safe Sleep</b>	Onesies – For Infants with Safe Sleep Message: “This Side Up”	22
	Period of Purple Crying DVDs (Infant Crying)	25
	Safe Sleep Education Materials	110
<b>Second Harvest Food Bank</b>	Activity + Eating Healthy	46
	CalFresh Application	46
	Food Pantry Information	46
	Fresh Produce (Bags of produce, 8,532 lbs. distributed to 253 visitors)	253
<b>UCI Gavin Eye Institute</b>	Glasses	1
	Vision Screenings	15
<b>Grand Total</b>		<b>1,820</b>

\*Collaborators not included: Orange County Asian And Pacific Islander Community Alliance (OCAPICA) (Services not tracked during event)

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