



Family Health Day Outcomes Report

June 23, 2018

LEAD HOSTS: CSUF Center for Healthy Neighborhoods & Clinic in the Park • Connect • Screen • Educate

COMMUNITY PARTNERS: 15 organizations • 181 in-kind hours

IMPACT: 253 visitors • 1,820 discrete services • 6 services/visitor

VISITOR NEEDS SURVEY ¹	
Indicators	% of Respondents (N=50)
Average Income <\$24,600 ²	72%
Average Household Size	4
Education Level Below High School Diploma	44%
Adults Reporting Poor or Fair Health Status	16%
Connections	
CalFresh	46%
Dental Insurance	38%
Food Pantry	40%
Health Insurance	46%
Screenings	
Cholesterol Screening	34%
Dental Exams	46%
Glucose Screening	34%
Vision Screenings	46%
Education	
Bicycle Helmet Education/ Fitting/Distribution	56%
Booster Seat Education/Fitting/Distribution	42%
Books for Kids	48%
Oral Health	50%
Nutrition Education	44%
Physical Activity	48%
Food Insecurity (Past 12 months)	46%
Visited a Food Pantry in the Last Month	30%

¹ Data based on a convenience sample at Clinic. ² Not adjusted for family size.

SAMPLE OF KEY SERVICES	
Categories of Services	# of Services Provided
Child/Adolescent Safety	
Bicycle Helmet Education/Fitting/Distribution	39
Booster Seat Education/Fitting/Distribution	53
Safe Sleep Education Materials	110
Connections/Referrals to Services	
CalFresh Applications	46
Developmental Flyers/Screening Schedule	86
Food Pantry Information	46
Legal Education and Resources	17
Dental Services	
Oral Dental Screenings	30
Medical Services	
Body Mass Index/Glucose Testing	86
Nutrition & Food	
Dietary Sources of Iron	60
Rethink Your Drink Recipes	66
Soda-Free Summer	45
Fresh Produce	253
Vision Services	
Glasses	1
Vision Screenings	15

EXAMPLES OF COST SAVINGS:³

\$65 in vision screening +/- glasses saves **\$162** in costs

An oral screening saves **\$447** over 5 years

\$38/Booster Seat saves **\$2,700** in child safety costs

\$14/Bicycle Helmet saves **\$630** in child safety costs



\$24,570

IN CHILD SAFETY COSTS



\$143,100

IN CHILD SAFETY COSTS



\$13,410

OVER 5 YEARS



\$2,430

IN MEDICAL COSTS

TOTAL Savings For Select Services:
\$ 183,510

³ The cost savings is estimated using several different public health sources. References available upon request

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COLLABORATOR DATA

Collaborator	Types of Services	# of Services Provided
Chat with a Doctor (Power of Positivity! – POP!)	Coloring Books and Jump Ropes	12
	Community Resources and Coping Stress Resources	15
	Emotional Health Activities with Kids	30
Chat with a Nurse	Immunization Information	30
	Vaccine Education	50
Clinic in the Park	Bicycle Helmet Education/Fitting/Distribution	39
	Body Mass Index/Glucose Testing	86
	Booster Seat Education	7
	Booster Seat Fitting/Distribution	46
Community Action Partnership of Orange County	Beverages: Make Every Sip Count Resources	45
	Health Education	45
	Healthy Role Model	45
	Soda-Free Summer	45
Drowning Prevention Foundation	DVDs	3
	Pool Fencing Education	10
	Swimming Education	11
	Water Watcher Tags	7
Family Support Network	Developmental Flyers	43
	Developmental Screening Schedule	43
	Informational Resources	43
Healthy Smiles for Kids of Orange County	List of Dental Clinics for Adults and Children	60
	Toothbrushes	40
	Oral Dental Screenings	30
Legal Aid Society of Orange County	Legal Education and Resources including materials on Health Care, Education, Immigration, Housing, Public Benefits and General Legal Assistance	17
Orange County Health Care Agency Family Health – Immunization	Immunization Education	52
Orange County Social Services Agency	CalWORKs	2
	General Relief	1
	Social Services Resources	33
PERC (Pediatric Exercise and Genomics Research Center @ UCI)	Rethink Your Drink Recipes	66
Public Health Foundation Enterprise – W.I.C. Program	Eat Your Veggies Resources	60
	Eligibility Assessment	60
	Dietary Sources of Iron	60
	Nutrition Education	60
	Tips for Picky Eaters Resources	60
Safe Sleep	Onesies – For Infants with Safe Sleep Message: “This Side Up”	22
	Period of Purple Crying DVDs (Infant Crying)	25
	Safe Sleep Education Materials	110
Second Harvest Food Bank	Activity + Eating Healthy	46
	CalFresh Application	46
	Food Pantry Information	46
	Fresh Produce (Bags of produce, 8,532 lbs. distributed to 253 visitors)	253
UCI Gavin Eye Institute	Glasses	1
	Vision Screenings	15
Grand Total		1,820

*Collaborators not included: Orange County Asian And Pacific Islander Community Alliance (OCAPICA) (Services not tracked during event)

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