



Family Health Day Outcomes Report

January 20th, 2018

LEAD HOSTS: Shalimar Community Centers & Clinic in the Park •Connect •Screen •Educate

COMMUNITY PARTNERS: 15 organizations • 143 in-kind hours

IMPACT: 165 visitors • 1,738 discrete services • 11 services/visitor • 1,657 lbs of produce

VISITOR NEEDS SURVEY¹

Indicators	% of Respondents (N=34)
Average Income <\$24,600 ²	74%
Average Household Size	5
Education Level Below High School Diploma	57%
Adults Reporting Poor or Fair Health Status	17%
Connections	
CalFresh Referrals	22%
Dental Insurance	18%
Screenings	
Dental Exams	38%
Glucose Testing	24%
Vision Screenings	22%
Education	
Bicycle Helmet Education/ Fitting/Distribution	38%
Books for Kids	38%
Dental Education	33%
Nutrition Education	36%
Physical Activity	29%
Food Insecurity (Past 12 months)	22%
Visited a Food Pantry in the Last Month	24%

¹Data based on a convenience sample at Clinic.² Not adjusted for family size.

EXAMPLES OF COST SAVINGS:³

\$38/Booster Seat saves **\$2,700** in child safety costs

\$14/Bicycle Helmet saves **\$630** in child safety costs

\$65 in vision screening +/- glasses saves **\$162** in medical costs

An oral screening saves **\$447** over 5 years



\$108,000
IN CHILD SAFETY COSTS



\$29,610
IN CHILD SAFETY COSTS



\$13,410
OVER 5 YEARS



\$8,100
IN MEDICAL COSTS

TOTAL Savings For Select Services:
\$159,120

³The cost savings is estimated using several different public health sources. References available upon request

SAMPLE OF KEY SERVICES

Categories of Services	# of Services Provided
Child/Adolescent Safety	
Bicycle Helmet Education/Fitting/Distribution	47
Booster Seat Education/Fitting/Distribution	40
Connections/Referrals to Services	
Information on Medi-Cal, CalFresh, CalWorks	8
Referrals to Resources	4
Dental Services	
Dental Health Education/Resources	112
Dental Screenings for Children (may include fluoride)	30
Early Literacy	
Books for Kids	100
Literacy Tips	50
Emotional Health	
101 Ways to Praise Kids Materials	45
Mental Health Referrals	3
Stress Management Materials	60
Health Education & Prevention	
Chat with A Nurse (Nutrition Education/Mini Consults)	(95)
Anti-Bullying Materials	45
Breast and Cervical Cancer Awareness Educational Materials & Enrollment in supportive programs	194
Hearing and Speech	
Hearing Screenings	40
Legal Information and Resources	
Health Care Access, Education, Immigration, Housing, Public Benefits and General Legal Assistance	138
Nutrition, Physical Activity and Food Needs	
Diabetes Prevention Materials	161
Food Bank Information	10
Food Tips Materials	75
Fresh Produce (lbs)	(1,657)
Meet My Plate Materials	75
My Plate Placemats/Guides	54
Nutrition Education/Mini Consults	191
Vision Services	
Vision Screenings	50
Vision Referrals	13

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COLLABORATOR DATA

Collaborator	Types of Services	# of Services Provided
Be Aware Foundation	Breast Cancer Awareness Materials	171
Clinic in the Park	Bike Helmet Education/Fitting/Distribution	47
	Jumprobes	40
Clinic in the Park with California Highway Patrol- San Diego	Booster Seat Education/Fitting/Distribution	40
Chat With A Nurse	Bananas	80
	Food Bank Information	10
	Food Tips Materials	75
	Meet My Plate Materials	75
	My Plate Placemats	54
	Nutrition Education/Mini Consults	95
Gavin Herbert Institute UC Irvine Eye Mobile for Children	Vision Referrals	13
	Vision Screenings	50
Healthy Smiles for Kids of Orange County	Dental Health Education/Resources	112
	Dental Screenings for Children (may include fluoride)	30
	Toothbrushes	50
Legal Aid Society of Orange County	Legal Education and Resources Including Materials on Health Care Access, Education, Immigration, Housing, Public Benefits and General Legal Assistance	138
Melinda Hoag Smith Center for Healthy Living	Diabetes Prevention Materials	161
Orange County Health Care Agency- Health Promotion Every Woman Counts	Breast and Cervical Cancer Awareness Educational Materials & Enrollment	23
Orange County Social Services Agency	Information on Medi-Cal, CalFresh, CalWorks,	
	General Relief Referrals	8 4
Pediatric Exercise and Genomics Research Center (PERC UC Irvine)	Nutrition Education	96
Providence Speech & Hearing	Hearing Screenings	40
Second Harvest Food Bank of Orange County	Fresh Produce (lbs)	(1,657)
	Water (lbs)	(2,351)
THINK Together	Books For Kids	100
	Literacy Tips	50
Well Program – Bright Futures 4 Kids, Child Abuse Prevention Council	101 Ways to Praise Kids Materials	45
	Anti-Bullying Materials	45
	Mental Health Referrals	3
	Stress Management Materials	60
Grand Total		1,738⁴

⁴Grand Total does not include Second Harvest Food Bank Services.

*Collaborators not represented in table: Orange County Health Care Agency- Family Health | Immunizations

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